

# International Metaphysical Academy

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16.09.2001

Q: What, exactly, is “**Multidimensional Living**”?

Theobald:

*“Multidimensional living means living your life as a human fully, including all feelings and physical experiences such as pain and pleasure. It means to not depriving yourself of all experiences that are normal and healthy. It means living your life without unnecessary restrictions or trying to be superhuman.*

*Being multidimensional also means to be accepting of others and their different life styles. In addition, it means to gain more and more knowledge and understanding of spiritual laws and to live accordingly.*

*Most importantly, however, multidimensional living includes the ability to be present in the moment, by having faith in the good and God’s divine, right plan, without worrying about tomorrow.”*

Translated by Anneli Driessen PhD, PhD, MCC March 1, 2010